

# Being with Babies

**A new baby! No doubt your hearts are full of love as you develop a bond with your precious child. We want to support you in giving them the best start to life possible.**

Your little one has brought so much joy into your life. Now you're facing the reality of returning to work or other responsibilities, and you're wondering if child care is the best place for your baby.

We want to reassure you that in care, your baby will receive all the loving, nurturing, care and attention they deserve.

Starting care early is great for a baby's development. This flyer will explain why.

## **A place to grow and thrive**

- **Babies develop fast.** By the age of one, children have learned all the sounds that make up their native language.
- **Consistent rhythms and routines** of care support building healthy bonds and attachments.
- **Individual, positive, and safe interactions** with the outside world support resilience.

## **Your baby experience**

Our Being with Babies program is a partnership with your family to ensure every little detail of your child's care supports a healthy, happy baby.

**The Baby Welcome** touches every aspect of their young lives for their first 12 months in a Centre.

- Healthy attachment and trusting relationships support a baby's brain development.
- Familiarity with the rhythm of the day provides a sense of security and builds self-confidence.

**Safe sleep** supports physical and cognitive development, and emotional wellbeing. Our Nursery Teams have been trained in Safe Sleep practices for young children.

**Nourishing food** prepared by our experienced Chefs and Cooks supports babies' health, engages their senses, and respects your culture and preferences.

**Nourishing  
and nurturing  
babies for the  
best start  
to life**



**Be brave. Be bold. Be curious.**

**Guardian**  
Childcare & Education



### A loving transition to care

We want your baby, and your family, to be comfortable in care from day one.

**Family Meeting:** We'll discuss enrolment processes and requirements, current immunisations, and learn as much as we can to prepare for your orientation visits. An important part of this stage is your Baby First Foods Passport. This is a record of dietary requirements, food preferences, and any other important aspects of feeding and mealtimes.

**Before Your First Day:** Plan at least three visits to your Centre with your baby before your first day to get to know the Team who will be caring for your baby.

**The Big Day:** Your Nursery Team will be in regular contact with you to share your

baby's experiences and help you feel at ease as they settle in.

### Meet your baby ambassador!

Your Baby Ambassador is your go-to person for your baby's first 12 months with us. They will know every detail about your baby: how breast or bottle milk is managed, how they like to eat, their sleeping routines, the nappies they wear and more. They will make our Nursery feel just like home.

- Being with Babies is for children from six weeks old.
- Our programs deliver on the Early Years Learning Framework (EYLF) and the National Quality Standard (NQS) for childcare.

**Talk to us today to find out how Being with Babies gives your child a safe and nurturing start to life.**

**13 82 30**

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